

February 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Get Connected to Help (9 am) Parent Support Group (12 pm) The Parents Group (12 pm) How to Encourage Self-Control in Tweens/Teens (3 pm) Project Connect (5:30 pm)	2 Benefit Assistance from AZCEND (9 am) Job Center (10 am) Single Parenting (Frye Elementary 5 pm- See Flyer Below)	3 Problem Solving, Decision Making & Compromise (3 pm)	4 Get Connected to Help (10 am) Get Connected to Help (1 pm)
5 Drum Circle (2 pm)	6 Snapchat as Drug Dealing Trend (10 am) Job Center (10 am) Criticism, Confrontation & Rules for Fair Fighting (3 pm)	7 Opioid Prevention (11 am) Developing Personal Power in Children (1 pm) Teen Talk (4 pm)	8 Get Connected to Help (9 am) Parent Support Group (12 pm) The Parents Group (12 pm) Ways to Enhance Positive Brain Development in Infants & Teens (1 pm)	9 Benefits Assistance from AZCEND (9 am) Job Center (10 am) Safe and Secure Online (6 pm)	10	11 Get Connected to Help (10 am) Citizen Workshop (10 am) Get Connected to Help (1 pm)

			Gifted Parent Session: Perfectionism <i>(Jacobson Elementary 6 pm)</i>				
12	Car Seat Safety <i>(10 am)</i> Job Center <i>(10 am)</i>	13 Teen Dating and Dating Violence <i>(*Link Coming)</i> Teen Talk <i>(4 pm)</i> Conscious Discipline <i>(6 pm)</i>	14 Get Connected to Help <i>(9 am)</i> Parent Support Group <i>(12 pm)</i> The Parents Group <i>(12 pm)</i>	15 Benefits Assistance from AZCEND <i>(9 am)</i> Job Center <i>(10 am)</i> Expectations and Development in Children <i>(3 pm)</i> Conscious Discipline <i>(6 pm)</i>	16 Car Seat Clinic <i>(*Call to Schedule an Appointment)</i> Get Connected to Help <i>(10 am)</i> Citizen Workshop <i>(10 am)</i> Get Connected to Help <i>(1 pm)</i> Developing Family Morals, Values, & Rules <i>(1 pm)</i>	17 	18
19	20 	21 Teen Talk <i>(4 pm)</i> Bullying: Signs, Symptoms & Solutions <i>(6 pm)</i> Mental Health Talks <i>(In-Person Event in Gilbert 6:30 pm)</i>	22 Get Connected to Help <i>(9 am)</i> Parent Support Group <i>(12 pm)</i> The Parents Group <i>(12 pm)</i> Why Adolescents Stop Talking & 8 Things Parents	23 Benefits Assistance for AZCEND <i>(9 am)</i> Raising Emotionally Intelligent <i>(10 am)</i> Job Center <i>(10 am)</i>	24 	25 Get Connected to Help <i>(10 am)</i> Citizen Workshop <i>(10 am)</i> Get Connected to Help <i>(1 pm)</i> Alex Boye Bend Not Break	

			Can Do About It (3 pm) Internet Safety (6 pm)			Mental Health Awareness Concert (Mesa Amphitheater 3 pm- See Flyer Below)
26	Healing Trauma (10 am) Job Center (10 am) Let's Talk 'Time-Out' (3 pm)	27	Developing Empathy in Children (3 pm) Teen Talk (4 pm)	28		

Additional Information:

[Child Crisis Arizona](#)

*Virtual classes are hosted on Zoom and require video capabilities. Meeting information will be shared once registration is complete. Programming is live and cannot be viewed outside the scheduled session.

[notMYkid](#)

[Casa de los Ninos](#)

[Chandler Public Library](#)

- [Talk Time: English Conversation Group](#)

[Operation Parent: Webinars](#)

[Hamilton High School](#)

*Please view the flyer below.



Child Crisis Arizona &
Chandler Unified School District

Workshops

All workshops are held at Frye Elementary School
801 E. Frye Rd, Chandler, AZ 85225

Single Parenting

2/2

5-7pm

Parenting alone comes with many unique challenges. Connect with other parents while exploring strategies to parent successfully while maintaining a single parent household.

Parenting on the Same Page

4/10

5-7pm

Information and strategies for co-parenting children whether you're in the same or separate households. Explore your parenting style and motivation to create a foundation to approach parenting and further support your children grow into healthy adults.

Child Development

5/16

5-7pm

An overview of developmentally appropriate physical, cognitive, social and emotional milestones from birth to 11-years. Learn how to help address key features within each developmental stage.

For more information contact Child Crisis Arizona
at 480-834-9424 or email
classregistration@childcrisisaz.org.

Pre-Register online at
[register.communitypass.net](http://register.communitypass.net/ChildCrisisArizona)
/ChildCrisisArizona.



Child Crisis Arizona

Safe kids. Strong families.

CHILDCRISISAZ.ORG



817 N. Country Club Dr. | Mesa, AZ 85201 480.834.9424



Hello Hamilton Families and CUSD Community Members,

The Social Work Department has some exciting virtual presentations occurring this semester! Student and parent presentations will begin occurring 1X per month, via the Google Meet platform from 6:00pm-7:00pm. The link to attend the presentation will be sent out days prior to the presentation.

Parent presentations will be recorded and available on the Hamilton school website within a week of the presentation. However, we encourage parents and guardians to attend the “live” meeting to get the most out of the experience! Videos, PowerPoints and Handouts for presentations are available on the Hamilton High School Website (Information tab, click Social Worker and Parent Presentations link is on the left-hand side.) Students receive 2 volunteer hours for attending presentations and can coordinate with Ms. Bravo directly to receive signature for hours.

Parent Presentation Topics:

Time: 6 – 7:00pm (Google Meet Online Platform) Link will be sent out days prior to presentation

Facilitator: Tандis Pourbastani, LMSW (HHS Social Worker)

February 22nd: “[Internet Safety](#)”

Speaker: Not My Kid

March 29th: “[Substance Abuse](#)”

Speaker: Josh Azevedo, LISAC

April 26th: “[Depression and Suicide Awareness](#)”

Speaker: Michael Klinkner, LCSW

May 10th: “[Teen Mental Health/Trauma](#)”

Speaker: Not My Kid

Student Educational Presentations

Time: 6 – 7:00pm (Google Meet Online Platform) Link will be sent out days prior to presentation

Facilitator: Cassandra Bravo, LMSW (HHS Social Worker)

Students receive 2 volunteer hours for attending.

Videos, PowerPoints and Handouts for presentations are available on the Hamilton High School Website (Information tab, click Social Worker and Parent Presentations link is on the left-hand side.)

February 22nd – “[Anxiety and Stress](#)”

Speaker: Not My Kid

March 29th – “[Vaping & Cannabis](#)”

Speaker: Not My Kid

April 26th – “[Defining Healthy vs Unhealthy Relationships](#)”

May 10th – [TBD](#)

Speaker: TBD

School Social Worker Information

Cassandra Bravo, LMSW

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Tандis Pourbastani, LMSW

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SPONSORSHIPS AVAILABLE

AN EVENT OPEN TO ALL AGES

ALEX BOYÉ

BEND NOT BREAK

MENTAL HEALTH AWARENESS CONCERT

FEATURING CHRIS POWELL'S MOVE ONE MILLION


SATURDAY
FEB 25 | 3 PM

 **MESA AMPHITHEATRE**
263 N CENTER ST, MESA, AZ 85201

For information on the event
please email:
jeff.bayer@copahealth.org

For concert do's and don'ts, please visit:
<https://www.mesaamphitheater.com/rules/>

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GET YOUR FREE
TICKET!



or visit bit.ly/alexboye25

Promo Code:
CopaAlexPromo

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